**New-Ark Wo/Men’s Walk # <XX>**

**Complete and send to the Kitchen Chairperson(s) (kitchen@new-arkemmaus.org)**

**at least one week before the Walk start.**

**Team and Pilgrim Dietary Needs**

* **Diabetics (e.g. need sugar free ice cream & snacks, etc.) (list names):**
* **Vegetarians (list names):**
* **Other health-related dietary needs (e.g. allergies, intolerances, etc.)  
  (list names and needs):**