**New-Ark Wo/Men’s Walk #<XX>**

**Team Logistical Needs - Cot and Bed Placement Requests**

**NOTE: This form is to be used only to gather information from the Walk team;  
the summarized cot and bed placement needs for both the Team and the Pilgrims are to be sent to the Logistics Chairperson(s) and the Registrar at least two days (Tuesday) before the Walk start using the *LogisticalNeeds\_T-2Days.doc* file**

**Team Members - Please list your name under one of the headings below.**

There is a limited number of cots, but please do not hesitate to ask for what you ***need*** for physical or health reasons. If you ***need*** to have your bed raised off the floor, the only option is a cot (with your mattress).

**If you are physically able to sleep on the floor provided you have assistance getting down on and up off the floor, consider finding a ‘bedtime buddy’ who can help you rather than requesting a cot.**

If you use a CPAP or similar machine at night, please indicate below (under the ‘Other Special Needs’) so that your bed is placed near an outlet. Also, please indicate if you then also need a cot (e.g. if you need to be elevated relative to your CPAP machine).

**Single Mattress:**

**Cot:**

**Other Special Needs (e.g. near an outlet, etc.):**